



CONSELL COMARCAL DEL BAGES

PROJECT NAME:

VOLUNTARIADO SOCIAL EN LA COMARCA DEL BAGES – CREU ROJA ACTIVITIES

The European Volunteers are going to take part in projects related to children and teenagers in Manresa's Red Cross: Playroom Ludugurus, Open Centre Casal-Ot, children and teenagers' projects (JNA) and other projects from Manresa's Red Cross. All these projects have professionals responsible for the services and help from local volunteers.

- 1) **Playroom "Ludugurus"** is an educational project with the main goal of providing education during leisure time through games and toys.

Children are between the ages of 4 and 14.

Direct intervention: every afternoon from Monday to Friday.

The volunteering activities are:

- Assisting in the coordination, planning and implementation of the centre's activities
- Participating in follow-up meetings with educators and other volunteers
- Assisting in the research and realization of educational resources for the centre
- Providing direct support for activities (such as board games, outdoors activities...)

- 2) **Open Centre "Casal-Ot"** is a leisure education project.

It is aimed towards 3 to 12 year old children who are living with their families and have risk of social exclusion.

During the school year: Monday to Friday in the afternoon.

The centre works with 20 children. The education team consists of two social educators and local Red Cross volunteers.

Volunteers at Casal-Ot can participate in: Individual tutoring support, taking the children to the pool, sports, walking with them from their school to the centre, listening to stories, doing workshops, spending time with them on important dates such as Christmas, Easter, Carnival...

- 3) **JNA**, which stands for **Joves Nucli Antic ("Youth Old City")**, is a leisure education project that aims to offer teenagers between the ages of 12 and 16 who live in Manresa's old city socio-educational resources. JNA is open from 16:30 to 19:30, when children have finished grade or high school, on Monday to Friday, and occasionally on weekends.

Work is performed outdoors. The educational team: one teacher and one social sports worker.

The project is aimed towards teenagers in the historical centre of Manresa who are at risk or in need of help to be able to have the same opportunities as other children and towards young people who during their childhood have needed other social services.

Some activities are: Participating in activities with youth groups, helping with energising the youth, preparing activities...

Summary about 3 actions:

1) Playroom Ludugurus

Target group: children aged from 3 to 12 years old
Activity type: open to everyone
Activity topic: education through games

2) Casal-Ot

Group: 3 to 12 years old
Activity type: closed (only social services)
Activity topic: education through daily activities

3) JNA

Group: teens from 12 to 16 years old
Activity type: open
Activity topic: education through sports

4) Possibility to collaborate in another Creu Roja project

Volunteering starts on 15/02/2023 until 22/12/2023

- Personal profile:
- Motivated about the project Adaptability and communication
- Empathy and sensitivity towards children and teenagers
- A participating and collaborative attitude
- Skills in sports and crafts
- Interest in the field of children and teens at social risk
- Spanish language basics to allow them to establish an optimal relationship with the children in the centres.